

# 2010 Community Exercise SPECIALS

## CONGRATULATIONS IMANI WOODY!

Imani Woody is our Session 1 winner from the "refer a friend" contest. She has won one (1) free class per week for the Session 2 schedule.

*Do you have friend who would enjoy our classes?*

*Refer them to our program  
and you could be our next winner!*



Refer a new friend and be entered in a raffle for your next session free!\*

*\*Offer only valid during 2010 Session 3.  
Referral must be a participant new to the program.  
1 winner will be selected to receive one free class  
per week redeemable during session 3.*



## Try out the NEW Flex Pass!

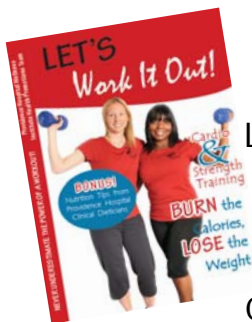
The flex pass gives you unlimited access to:

- Cardio Party
- Abs & Glutes
- Zumba
- Body Sculpt
- Hi/Lo Aerobics
- Intro to Fitness
- Yoga/Pilates Mix

# \$220.00

Take what you want, when you want with the flexibility of the *Flex Pass!*

**PLEASE NOTE: AQUA AEROBICS & TAI CHI ARE NOT PART OF THE FLEX PASS**



Looking for an extra addition to your weekly workout? Try Providence Hospital's fitness DVD...  
*Let's Work it Out!*

Call today to find out how you can boost your weekly workout in the comfort of your home with your very own copy of *Let's Work it Out!*



### QUESTIONS?

Contact Tiffany at the Providence Hospital Wellness Institute  
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