

PREDIABETES & DIABETES

SUPPORT GROUP

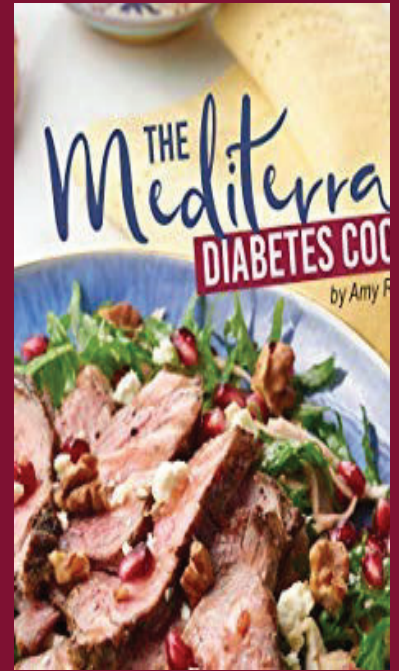
FREE Friday Session

March 1, 2019 11AM – 12Noon

“Diabetes-Friendly Eating and Living Mediterranean-Style”

Join Providence Diabetes and Nutrition Center and Award-Winning, Best-Selling Author of several diabetes cookbooks, Amy Riolo for an inspirational presentation on Mediterranean-style meal planning. Learn to eat and live with both pleasure and health as Chef Amy reveals her top tips and strategies from her latest release:

The Mediterranean Diabetes Cookbook



For more information, please call **(202) 854-7128**



PROVIDENCE Diabetes and Nutrition Center

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