



## PROVIDENCE Diabetes and Nutrition Center

1160 Varnum St., NE | DePaul Professional Bldg., Ste. 110 | Washington, DC 20017

www.provhosp.org | Ph: (202) 854-7128 | Fax: (202) 854-4082



# DIABETES GROUP SESSIONS

## DIABETES OVERVIEW

COMPREHENSIVE \*DSMES GROUP SESSION

### THREE 2-HOUR SESSION - MONTHLY

2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> Wednesdays • 9am - 11am

## DIABETES RECAP

COMPREHENSIVE \*DSMES GROUP SESSION

### ONE 2-HOUR SESSION - MONTHLY

1<sup>st</sup> Tuesday • 2pm - 4pm

1<sup>st</sup> Wednesday • 9am - 11am

## PREDIABETES & DIABETES

### SUPPORT GROUP - **FREE**

(No Insurance or Co-pay) | *Drop-in's Welcome--NO RSVP Required*

### 1-HOUR SESSION - MONTHLY

1<sup>st</sup> Friday • 11am - 12pm

*Session dates and times are subject to change.*

To find the right doctor for you and your family, call **1.855.823.WELL (9355)**

\*The American Diabetes Association recognizes the education service of Providence Diabetes and Nutrition Center as meeting the National Standards for Diabetes Self-Management Education and Support (Standards).