



# 2017 Community Benefit Report



## Mission

Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

## Vision

We envision a strong, vibrant Catholic health ministry in the United States which will lead to the transformation of healthcare. We will ensure service that is committed to health and well-being for our communities and that responds to the needs of individuals throughout the life cycle. We will expand the role of laity, in both leadership and sponsorship, to ensure a Catholic health ministry in the future.

## Values

- Service of the poor: Generosity of spirit, especially for persons most in need
- Reverence: Respect and compassion for the dignity and diversity of life
- Integrity: Inspiring trust through personal leadership
- Wisdom: Integrating excellence and stewardship
- Creativity: Courageous innovation
- Dedication: Affirming the hope and joy of our ministry

## Community Investments

In fiscal year 2017, Providence provided more than \$9 million in overall community benefit, including over \$2 million in financial assistance and \$7 million in the community benefit categories outlined below.

### Community Benefit

<b>Total Community Benefit for Fiscal Year 2017</b>	<b>\$9,576,311</b>
Financial Assistance	\$2,284,723
Total Community Benefit Categories	\$7,291,588
Community Health Improvement Services	\$3,764,114
Health professions education	\$3,527,474

# Program Highlights

## Model Cities Senior Wellness Centers

Promoting healthy lifestyles is the primary focus of the Senior Wellness Center - through an optimum state of health and well-being, achieved through disease prevention and health promotion. The Model Cities Senior Wellness Center provides services to DC seniors through a partnership with the District of Columbia Office on Aging which Providence operates.

The fitness and education programs are designed to assist members in improving and maintaining health. In fiscal year 2017, Model Cities membership increased by 120 new members with a total of 1,126 active members.

Activities are designed with the emphasis on nutrition, cardiovascular, muscular strength, muscular endurance, flexibility, and body composition. In FY17, 114 health promotion classes were conducted with an average of 23 classes per week; more than 1,961 seniors participated in fitness classes.

Seniors are also provided programming that focus on their social needs to improve the quality of life. As such, trips and social activities are scheduled daily. There were 50 trips scheduled and 450 social activities completed for FY17. In addition, three health fairs were conducted through collaboration with 8 organizations.

## Providence Breast Cancer Patient Navigation Program

Breast cancer is a complex disease, and the initial reaction to a breast cancer diagnosis can leave patients with lots of decisions to make. That's why a community partner and navigator is critical to help patients better understand their treatment and care options. The Providence Breast Cancer Patient Navigation Program provides this critical support along the continuum of breast health care, focusing specifically on navigation of patients with abnormal screenings, to ensure they receive appropriate diagnostic follow-up and treatment.

### Patient Navigation Services

In fiscal year 2017, navigators tracked and facilitated communication amongst patients, hospital-based specialist and primary care providers supporting many patients to receive the care they needed. Out of 8,420 patients that were screened, 747 patients received additional imaging and 290 of those patients had follow-up biopsy. The navigators also assisted with access to resources including transportation with a free program provided by the DC Department of Health Care Finance and most of the DC Medicaid; social services such as housing and food; ACS Support Group and the Smith Center for Healing and the Arts; interpreter services; Financial Services to apply for straight Medicaid and SSI.

Navigators streamlined the process between the abnormal finding to diagnosis through in person meeting, explanation of the procedure, providing instructions and scheduling appointment for the same day. In turn, reduced the no show rate to 2 percent.

## Community Partners

- AARP Legal Counsel for the Elderly
- Alzheimer's Association
- Ameri-Health
- Arcadia Mobile Market
- Community of Hope
- District of Columbia Department of Health
- District of Columbia Fire and Emergency Medical Services
- District of Columbia Healthy Communities Collaborative (DCHCC)
- District of Columbia Office on Aging
- George Washington Healthcare Counselling
- George Washington University
- Howard University Hospital
- Joy of Motion
- Lead Agency Family Matters of Greater Washington
- Mary's Center
- Medstar
- Metropolitan Police Department
- Seabury Resources for Aging
- SHARE Food Network
- John Hopkins Sibley Memorial Hospital
- Terrific Inc.
- Total Relaxation & Wellness Center
- Wellington Pharmacy
- Woodridge Library
- YMCA



1150 Varnum St NE | Washington, D.C. 20017-2180  
202-854-7000 | [www.provhosp.org](http://www.provhosp.org)



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